

# Emergency Safety Card

Boat Name \_\_\_\_\_ Sail No \_\_\_\_\_  
Owner(s) \_\_\_\_\_  
Hull colour \_\_\_\_\_  
Boat Brand / Design \_\_\_\_\_  
LOA \_\_\_\_\_ DISP(tonnes) \_\_\_\_\_  
RMS Registration No. \_\_\_\_\_  
Skipper Name \_\_\_\_\_  
Phone No \_\_\_\_\_  
Shore Contact Name \_\_\_\_\_  
Phone No \_\_\_\_\_

## Emergency contact numbers

Emergency Services	000 or VHF Ch16
Marine Area Command (Water Police - Balmain)	02 9320 7499
Marine Rescue Middle Harbour	02 9969 3270
North Sydney Police	02 9956 3199
NSW Maritime	131 256
Volunteer Coast Guard	02 9337 5033

## Emergency pickup points

The following locations are places where ambulance services may pick up a person requiring urgent medical treatment for a serious injury or illness. There are other suitable safe areas, **don't just rely on this list**, familiarise yourself with these and other places you select. **You must give specific details to emergency services.**

**Bay Street Wharf**, (adjacent to the Club), Bay Street, Greenwich (nearest cross street Greenwich Road).

**Note: Illegal parking often makes vehicular access difficult.**

**Northwood Wharf**, Northwood Road, Northwood (nearest cross street Cliff Road)

**Valentia Street Wharf**, Valentia Street, Woolwich (nearest cross street The Point Road)

**Woolwich Marina (Brokerage 9817 1020)**, 2a Margaret Street, Woolwich (nearest cross street Woolwich Road)

**Drummoyne Wharf**, Lyons Road, Drummoyne (nearest cross street St Georges Crescent)

**Greenwich Wharf**, Mitchell Street, Greenwich (nearest cross street George Street)

**Noakes - Berrys Bay (9925 0306)**, 6 John Street, McMahons Point (nearest cross street Dumbarton Street)

**Mort Bay Wharf**, Thames Street, Balmain East (nearest cross street Darby Street)

**Luna Park Wharf**, Olympic Drive, Milsons Point (nearest cross street Fitzroy Street)

**Watsons Bay Wharf**, Marine Parade, Watsons Bay (nearest cross street Military Road)

**RSYS (9955 7171)**, 33 Peel Street, Kirribilli (nearest cross street Carabella Street)

# St Johns Ambulance DRSABCD Action Plan

## DANGER

Ensure the area is safe for yourself, others and the patient.

## RESPONSE

Check for response—ask name—squeeze shoulders.

### No response

- send for help.
- make comfortable
- check for injuries
- monitor response

## SEND for help

Call Triple Zero (000) for an ambulance or ask another person to make the call.

## AIRWAY

Open mouth.

if foreign material is present:

- place in the recovery position
- clear airway with fingers.

**Open airway** by tilting head with chin lift.

## BREATHING

Check for breathing — look, listen and feel.

**Not normal breathing**    **Normal breathing**

- start CPR.
- place in recovery position
- monitor breathing
- manage injuries
- treat for shock.

## CPR

**Start CPR—30 chest compressions : 2 breaths**

Continue CPR until help arrives or patient recovers.

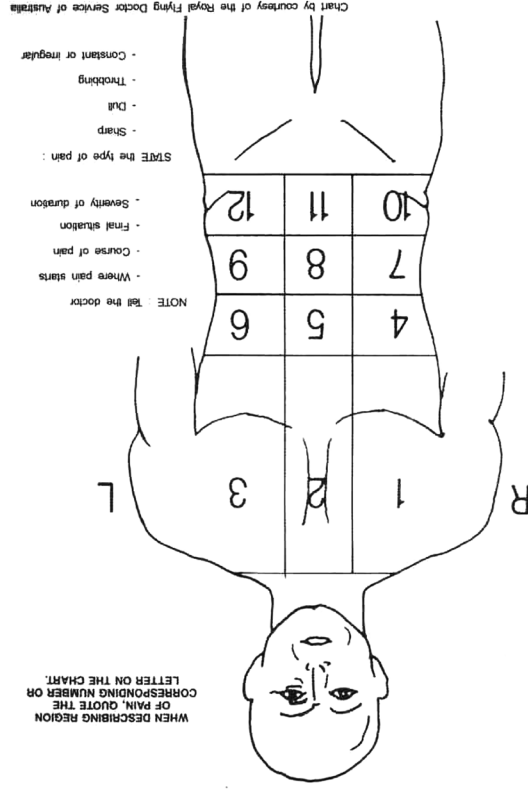
## DEFIBRILLATION

Apply defibrillator if available and follow voice prompts.

## YACHTING AUSTRALIA SPECIAL REGULATIONS PART 1

### ADVISORY APPENDIX F

## WHERE DOES IT HURT ?



A CLEAR DESCRIPTION WILL HELP THE DOCTOR DIAGNOSING THE CASE BY THE DOCTOR

