

Emergency Safety Card

Boat Name _____ Sail No _____
Owner(s) _____
Hull colour _____
Boat Brand / Design _____
LOA _____ DISP (tonnes) _____
RMS Registration No. _____
Skipper Name _____
Phone No _____
Shore Contact Name _____
Phone No _____

Emergency contact numbers

Emergency Services	000 or VHF Ch16
Marine Area Command (Water Police - Balmain)	02 9320 7499
Marine Rescue Middle Harbour	02 9969 3270
North Sydney Police	02 9956 3199
NSW Maritime	131 256
Volunteer Coast Guard	02 9337 5033

Emergency pickup points

The following locations are places where ambulance services may pick up a person requiring urgent medical treatment for a serious injury or illness. There are other suitable safe areas, **don't just rely on this list**, familiarise yourself with these and other places you select. **You must give specific details to emergency services.**

Bay Street Wharf, (adjacent to the Club), Bay Street, Greenwich (nearest cross street Greenwich Road).

Note: Illegal parking often makes vehicular access difficult.

Northwood Wharf, Northwood Road, Northwood (nearest cross street Cliff Road)

Valentia Street Wharf, Valentia Street, Woolwich (nearest cross street The Point Road)

Woolwich Marina (Brokerage 9817 1020), 2a Margaret Street, Woolwich (nearest cross street Woolwich Road)

Drummoyne Wharf, Lyons Road, Drummoyne (nearest cross street St Georges Crescent)

Greenwich Wharf, Mitchell Street, Greenwich (nearest cross street George Street)

Noakes - Berrys Bay (9925 0306), 6 John Street, McMahons Point (nearest cross street Dumbarton Street)

Mort Bay Wharf, Thames Street, Balmain East (nearest cross street Darby Street)

Luna Park Wharf, Olympic Drive, Milsons Point (nearest cross street Fitzroy Street)

Watsons Bay Wharf, Marine Parade, Watsons Bay (nearest cross street Military Road)

RSYS (9955 7171), 33 Peel Street, Kirribilli (nearest cross street Carabella Street)

St Johns Ambulance DRSABCD Action Plan

DANGER

Ensure the area is safe for yourself, others and the patient.

RESPONSE

Check for response—ask name—squeeze shoulders.

No response Response

- send for help.
- make comfortable
- check for injuries
- monitor response

SEND for help

Call Triple Zero (000) for an ambulance or ask another person to make the call.

AIRWAY

Open mouth.

if foreign material is present:

- place in the recovery position
- clear airway with fingers.

Open airway by tilting head with chin lift.

BREATHING

Check for breathing — look, listen and feel.

Not normal breathing Normal breathing

- start CPR.
- place in recovery position
- monitor breathing
- manage injuries
- treat for shock.

CPR

Start CPR—30 chest compressions : 2 breaths

Continue CPR until help arrives or patient recovers.

DEFIBRILLATION

Apply defibrillator if available and follow voice prompts.

YACHTING AUSTRALIA SPECIAL REGULATIONS PART 1 ADVISORY APPENDIX F

WHERE DOES IT HURT ?

